

DIPHENHYDRAMINE (BENADRYL) DOSING

WEIGHT IN POUNDS (lbs) and APPROXIMATE AGE	<u>Allergy Liquid</u>	<u>Chewable Tablets</u>	<u>Adult Caps or Tablets</u>	<u>Maximum Daily Dose</u>
	12.5 mg/ 5ml	12.5 mg each	25 mg tablet	
Under 2 years	Diphenhydramine is generally Not Recommended for Children less than <u>2 years old</u> , unless instructed by a physician.			
24-35 lbs 2-3 years	3/4 teaspoon	----		Maximum Daily Dose is 37.5 mg/day or 3 teaspoons a day
36-47 lbs 4-5 years	1 teaspoon	1 tablet	----	
48-59 lbs 6-8 years	1 & 1/4 teaspoons	1 & 1/4 tablet	----	Maximum Daily Dose is 150 mg/day
60-71 lbs 9-10 years	1 & 1/2 teaspoons	1 & 1/2 tablets	----	
72-95 lbs 11 years	1 & 3/4 teaspoons	1 & 3/4 tablets	----	
96 lbs and over 12 years & Older	2 teaspoons	2 tablets	1 tablet	Maximum Daily Dose is 300mg/day

If your child is experiencing a **life-threatening emergency please dial 911** immediately.

Use of weight to select dose is preferred. If weight is not available, then use age.

May repeat dosing every 6 hours until reach maximum daily dose.

If a child appears severely ill, giving Diphenhydramine is NOT a substitute for medical advice. **Please notify Pediatrician if you have concerns.**