

Today's Date: \_\_\_\_\_

Childs Name: \_\_\_\_\_

DOB: \_\_\_\_\_

1.  My child worries excessively about dirt and/or germs and/or bodily fluids (blood, spit, sweat, urine, etc).
2.  My child washes and/or showers excessively or in a very specific way.
3.  My child avoids touching other people or being touched by others.
4.  My child excessively cleans his/her room or toys or books or other objects that don't really need cleaning.
5.  My child takes extra care that his/her things (i.e., clothes, bedroom, toys, school books) are always neat and clean and orderly, and gets upset if others mess things up.
6.  If my child does things on one side of his/her body, he/she often needs to do a similar action on the other side in order to make things "equal", or "even", or symmetrical.
7.  Sometimes my child has to repeatedly check things (i.e., water faucets, light switches, door locks).
8.  My child often has to put things away "just right" or put things away in special places.
9.  My child often needs to count several times while doing basic tasks (i.e. getting dressed, putting away toys).
10.  My child often needs to do basic behaviors (i.e., homework, getting dressed, putting away toys, eating) in a very specific order.
11.  My child often checks his/her homework or household chores repeatedly to make sure that things are correct and perfect, and sometimes needs to redo his/her homework or household chores to make things are 100% perfect.
12.  My child needs do his/her homework at a certain time and/or place.
13.  My child worries excessively that his/her parents or brothers or sisters might have an accident or that something bad might happen to them.
14.  My child worries excessively about accidentally hurting other people.

15. My child worries excessively about purposely hurting him/her self, family members, school mates, or others.
16. My child is very uncomfortable with household items (i.e., knives, scissors, broken glass, etc.) that he/she thinks of as dangerous.
17. My child has certain "bad" or "unlucky" numbers that must be avoided at all costs, and certain "good" or "special" numbers?
18. In order to prevent "bad" things from happening, my child has special words he/she needs to say, or certain actions that he/she needs to do.
19. My child worries excessively about unwanted sexual thoughts that he/she thinks shouldn't be in his/her mind.
20. My child worries excessively about doing the right thing and/or offending God.
21. My child frequently asks me or other family members for reassurance related to his/her obsessions and/or compulsions.
22. My child is significantly distressed, anxious, and/or depressed about his/her obsessions and/or compulsions.
23. My child's obsessions and/or compulsions are interfering with his/her relationships and/or with his/her academic functioning.
24. My child spends  hours per day having obsessions and/or doing compulsions.