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**CHILDREN'S BEHAVIOR QUESTIONNAIRE  
(abbreviated Rothbart CBQ)**

**Parent Version**

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On the next several pages you will see a set of statements that describe children's reactions to a number of situations. We would like you to tell us what your child's reaction is likely to be in those situations. Of course, there are no "correct" ways of reacting; children differ widely in their reactions, and it is these differences we are trying to learn about. Please read each statement and decide whether it is a "true" or "untrue" description of your child's reaction within the past six months. Use the following scale to indicate how well a statement describes your child:

- |                 |                                       |
|-----------------|---------------------------------------|
| <u>Circle #</u> | <u>if the statement is:</u>           |
| 1 .....         | extremely <u>untrue</u> of your child |
| 2 .....         | quite <u>untrue</u> of your child     |
| 3 .....         | slightly <u>untrue</u> of your child  |
| 4 .....         | neither true nor false of your child  |
| 5 .....         | slightly true of your child           |
| 6 .....         | quite true of your child              |
| 7 .....         | extremely true of your child          |

If you cannot answer one of the items because you have not seen your child in that situation in the past six months, for example if the statement is about this child's reaction to your singing and you have not sung to him/her, then circle NA (not applicable).

**Please be sure to circle a number or NA for every item.**

**My child:**

	<u>extremely</u> <u>untrue</u>	<u>quite</u> <u>untrue</u>	<u>slightly</u> <u>untrue</u>	<u>neither</u> <u>true</u> <u>nor false</u>	<u>slightly</u> <u>true</u>	<u>quite</u> <u>true</u>	<u>extremely</u> <u>true</u>	
1. Seems to always be in a big hurry to get from one place to another .....	1	2	3	4	5	6	7	NA
2. Likes going down high slides or other adventurous activities ..	1	2	3	4	5	6	7	NA
3. Likes the sound of words, as in nursery rhymes .....	1	2	3	4	5	6	7	NA
4. Gets so worked up before an exciting event that s/he has trouble sitting still .....	1	2	3	4	5	6	7	NA
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5. Seems to listen to even quiet sounds .....	1	2	3	4	5	6	7	NA
6. Cries sadly when a favorite toy gets lost or broken .....	1	2	3	4	5	6	7	NA
7. Rarely gets irritated when s/he makes a mistake ....	1	2	3	4	5	6	7	NA
8. Calms down quickly following an exciting event .....	1	2	3	4	5	6	7	NA

**My child:**

	<u>extremely untrue</u>	<u>quite untrue</u>	<u>slightly untrue</u>	<u>neither true nor false</u>	<u>slightly true</u>	<u>quite true</u>	<u>extremely true</u>	
9. Seems to be at ease with almost any person . . . . .	1	2	3	4	5	6	7	NA
10. When s/he sees a toy s/he wants, gets very excited about getting it . . . . .	1	2	3	4	5	6	7	NA
11. Likes being sung to . . . . .	1	2	3	4	5	6	7	NA
12. Tends to run rather than walk from room to room . . . . .	1	2	3	4	5	6	7	NA
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13. Has a hard time following instructions . . . . .	1	2	3	4	5	6	7	NA
14. Notices the smoothness or roughness of objects s/he touches . . . . .	1	2	3	4	5	6	7	NA
15. Enjoys taking warm baths . . . . .	1	2	3	4	5	6	7	NA
16. Has temper tantrums when s/he doesn't get what s/he wants . . . . .	1	2	3	4	5	6	7	NA
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17. When s/he wants to do something, s/he talks about little else . . . . .	1	2	3	4	5	6	7	NA
18. Doesn't care for rough and rowdy games . . . . .	1	2	3	4	5	6	7	NA
19. When practicing an activity, has a hard time keeping her/his mind on it . . . . .	1	2	3	4	5	6	7	NA
20. Tends to feel "down" at the end of an exciting day . . . . .	1	2	3	4	5	6	7	NA
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21. If upset, cheers up quickly when s/he thinks about something else	1	2	3	4	5	6	7	NA
22. Acts very friendly and outgoing with new children . . . . .	1	2	3	4	5	6	7	NA
23. Will move from one task to another without completing any of them . . . . .	1	2	3	4	5	6	7	NA
24. Usually doesn't comment on changes in parents' appearance . . . . .	1	2	3	4	5	6	7	NA

**My child:**

	<u>extremely</u> <u>untrue</u>	<u>quite</u> <u>untrue</u>	<u>slightly</u> <u>untrue</u>	<u>neither</u> <u>true</u> <u>nor false</u>	<u>slightly</u> <u>true</u>	<u>quite</u> <u>true</u>	<u>extremely</u> <u>true</u>	
25. Moves about actively (runs, climbs, jumps) when playing in the house .....	1	2	3	4	5	6	7	NA
26. Is afraid of loud noises .....	1	2	3	4	5	6	7	NA
27. Has a hard time settling down after an exciting activity .....	1	2	3	4	5	6	7	NA
28. Joins others quickly and comfortably, even when they are strangers .....	1	2	3	4	5	6	7	NA
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29. Does not like to take chances for the fun and excitement of it .....	1	2	3	4	5	6	7	NA
30. Falls asleep within ten minutes of going to bed at night .	1	2	3	4	5	6	7	NA
31. Gets quite frustrated when prevented from doing something s/he wants to do .....	1	2	3	4	5	6	7	NA
32. Seems to forget a bump or scrape after a couple of minutes .....	1	2	3	4	5	6	7	NA
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33. Becomes upset when loved relatives or friends are getting ready to leave following a visit .....	1	2	3	4	5	6	7	NA
34. Is not afraid of the dark .....	1	2	3	4	5	6	7	NA
35. Does not usually become tearful when tired .....	1	2	3	4	5	6	7	NA
36. Comments when a parent has changed his/her appearance .....	1	2	3	4	5	6	7	NA
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37. Doesn't care much for quiet games .....	1	2	3	4	5	6	7	NA
38. Can wait before entering into new activities if s/he is asked to .....	1	2	3	4	5	6	7	NA
39. Gets angry when s/he can't find something s/he wants to play with .....	1	2	3	4	5	6	7	NA

**My child:**

	<u>extremely untrue</u>	<u>quite untrue</u>	<u>slightly untrue</u>	<u>neither true nor false</u>	<u>slightly true</u>	<u>quite true</u>	<u>extremely true</u>	
40. Her/his feelings are easily hurt by what parents say . . . . .	1	2	3	4	5	6	7	NA
41. Enjoys exciting and suspenseful TV shows . . . . .	1	2	3	4	5	6	7	NA
42. Is very frightened by nightmares . . . . .	1	2	3	4	5	6	7	NA
43. Has difficulty waiting in line for something . . . . .	1	2	3	4	5	6	7	NA
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44. Enjoys sitting on parent's lap . . .	1	2	3	4	5	6	7	NA
45. Becomes tearful when told to do something s/he does not want to do . . . . .	1	2	3	4	5	6	7	NA
46. Becomes very excited while planning for trips . . . . .	1	2	3	4	5	6	7	NA
47. Rarely cries for more than a couple of minutes at a time . . . . .	1	2	3	4	5	6	7	NA
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48. Prefers quiet activities to active games . . . . .	1	2	3	4	5	6	7	NA
49. Notices when parents are wearing new clothing . . . . .	1	2	3	4	5	6	7	NA
50. Acts shy around new people . . . .	1	2	3	4	5	6	7	NA
51. Has trouble sitting still when s/he is told to (at movies, church, etc.) . . . . .	1	2	3	4	5	6	7	NA
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52. Rarely cries when s/he hears a sad story . . . . .	1	2	3	4	5	6	7	NA
53. Rarely becomes upset when watching a sad event in a TV show . . . . .	1	2	3	4	5	6	7	NA
54. Is quickly aware of some new item in the living room . . . . .	1	2	3	4	5	6	7	NA
55. Becomes very excited before an outing (e.g. picnic, party) . . . . .	1	2	3	4	5	6	7	NA

**My child:**

	<u>extremely untrue</u>	<u>quite untrue</u>	<u>slightly untrue</u>	<u>neither true nor false</u>	<u>slightly true</u>	<u>quite true</u>	<u>extremely true</u>	
56. Is comfortable asking other children to play .....	1	2	3	4	5	6	7	NA
57. Enjoys looking at picture books	1	2	3	4	5	6	7	NA
58. Enjoys meeting Santa Claus or other strangers in costumes .	1	2	3	4	5	6	7	NA
59. When drawing or coloring in a book, shows strong concentration .....	1	2	3	4	5	6	7	NA
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60. Plays games slowly and deliberately .....	1	2	3	4	5	6	7	NA
61. Sometimes appears downcast for no reason .....	1	2	3	4	5	6	7	NA
62. Likes to go high and fast when pushed on a swing .....	1	2	3	4	5	6	7	NA
63. Becomes easily frustrated when tired .....	1	2	3	4	5	6	7	NA
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64. Talks easily to new people .....	1	2	3	4	5	6	7	NA
65. Is very difficult to soothe when s/he has become upset .....	1	2	3	4	5	6	7	NA
66. Is afraid of the dark .....	1	2	3	4	5	6	7	NA
67. Enjoys riding a tricycle or bicycle fast and recklessly .....	1	2	3	4	5	6	7	NA
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68. Is usually pretty calm before leaving on an outing (e.g., picnic, party) .....	1	2	3	4	5	6	7	NA
69. Is good at following instructions .....	1	2	3	4	5	6	7	NA
70. Is rarely frightened by "monsters" seen on TV or at movies .....	1	2	3	4	5	6	7	NA
71. When building or putting something together, becomes very involved in what s/he is doing, and works for long periods .....	1	2	3	4	5	6	7	NA

**My child:**

	<u>extremely untrue</u>	<u>quite untrue</u>	<u>slightly untrue</u>	<u>neither true nor false</u>	<u>slightly true</u>	<u>quite true</u>	<u>extremely true</u>	
72. Does not seem to notice parents' facial expressions . . . . .	1	2	3	4	5	6	7	NA
73. Isn't interested in watching quiet TV shows such as "Mister Rogers" . . . . .	1	2	3	4	5	6	7	NA
74. Doesn't enjoy being read to very much . . . . .	1	2	3	4	5	6	7	NA
75. Rarely becomes discouraged when s/he has trouble making something work . . . . .	1	2	3	4	5	6	7	NA
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76. Rarely protests when another child takes his/her toy away . . . . .	1	2	3	4	5	6	7	NA
77. When angry about something, s/he tends to stay upset for ten minutes or longer . . . . .	1	2	3	4	5	6	7	NA
78. Doesn't usually react to different textures in food . . . . .	1	2	3	4	5	6	7	NA
79. Is not afraid of heights . . . . .	1	2	3	4	5	6	7	NA
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80. Shows great excitement when opening a present . . . . .	1	2	3	4	5	6	7	NA
81. Can easily stop an activity when s/he is told "no." . . . . .	1	2	3	4	5	6	7	NA
82. Enjoys activities such as being chased, spun around by the arms, etc. . . . .	1	2	3	4	5	6	7	NA
83. Is easily distracted when listening to a story . . . . .	1	2	3	4	5	6	7	NA
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84. Is full of energy, even in the evening . . . . .	1	2	3	4	5	6	7	NA
85. Changes from being upset to feeling much better within a few minutes . . . . .	1	2	3	4	5	6	7	NA
86. Easily gets irritated when s/he has trouble with some task (e.g., building, drawing, dressing) . . . . .	1	2	3	4	5	6	7	NA

**My child:**

	<u>extremely</u> <u>untrue</u>	<u>quite</u> <u>untrue</u>	<u>slightly</u> <u>untrue</u>	<u>neither</u> <u>true</u> <u>nor false</u>	<u>slightly</u> <u>true</u>	<u>quite</u> <u>true</u>	<u>extremely</u> <u>true</u>	
87. Enjoys exploring new places . . .	1	2	3	4	5	6	7	NA
88. Enjoys just being talked to . . . . .	1	2	3	4	5	6	7	NA
89. Gets angry when called in from play before s/he is ready to quit . . . . .	1	2	3	4	5	6	7	NA
90. Enjoys "snuggling up" next to a parent or baby-sitter . . . . .	1	2	3	4	5	6	7	NA
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91. Is usually able to resist temptation when told s/he is not supposed to do something . .	1	2	3	4	5	6	7	NA
92. Has a hard time going back to sleep after waking in the night . .	1	2	3	4	5	6	7	NA
93. Has difficulty sitting still at dinner . . . . .	1	2	3	4	5	6	7	NA
94. Enjoys being in crowds of people	1	2	3	4	5	6	7	NA
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95. Likes to sit quietly and watch people do things . . . . .	1	2	3	4	5	6	7	NA
96. Doesn't usually notice odors such as perfume, smoke, cooking, etc. . . . .	1	2	3	4	5	6	7	NA
97. Gets mad when provoked by other children . . . . .	1	2	3	4	5	6	7	NA
98. Has a hard time concentrating on an activity when there are distracting noises . . . . .	1	2	3	4	5	6	7	NA
99. Notices even little specks of dirt on objects . . . . .	1	2	3	4	5	6	7	NA

**THANK YOU!**